Chapter 3

Water and Life

Lectures by Erin Barley Kathleen Fitzpatrick

Overview: The Molecule That Supports All of Life

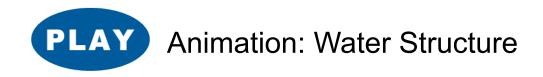
- Water is the biological medium on Earth
- All living organisms require water more than any other substance
- Most cells are surrounded by water, and cells themselves are about 70–95% water
- The abundance of water is the main reason the Earth is habitable

Figure 3.1



Concept 3.1: Polar covalent bonds in water molecules result in hydrogen bonding

- The water molecule is a **polar molecule**: the opposite ends have opposite charges
- Polarity allows water molecules to form hydrogen bonds with each other



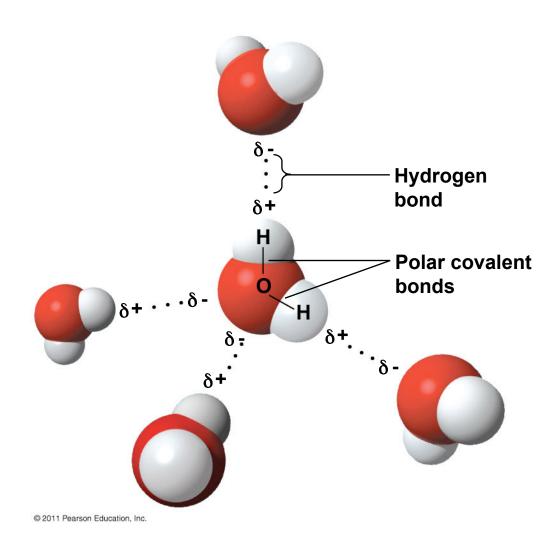
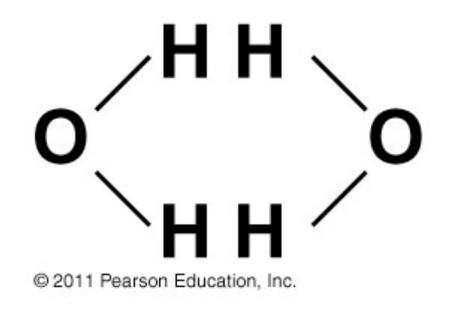


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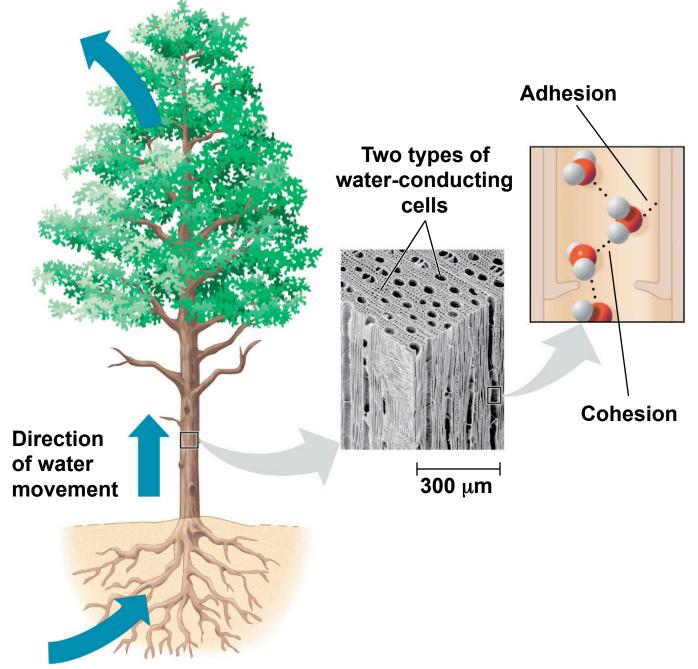
Concept 3.2: Four emergent properties of water contribute to Earth's suitability for life

- Four of water's properties that facilitate an environment for life are
 - Cohesive behavior
 - Ability to moderate temperature
 - Expansion upon freezing
 - Versatility as a solvent

Cohesion of Water Molecules

- Collectively, hydrogen bonds hold water molecules together, a phenomenon called cohesion
- Cohesion helps the transport of water against gravity in plants
- Adhesion is an attraction between different substances, for example, between water and plant cell walls





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- **Surface tension** is a measure of how hard it is to break the surface of a liquid
- Surface tension is related to cohesion

Figure 3.4



Moderation of Temperature by Water

- Water absorbs heat from warmer air and releases stored heat to cooler air
- Water can absorb or release a large amount of heat with only a slight change in its own temperature

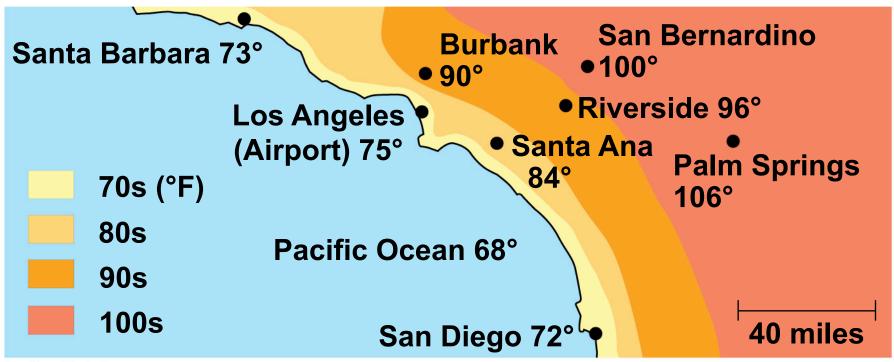
Heat and Temperature

- **Kinetic energy** is the energy of motion
- Heat is a measure of the total amount of kinetic energy due to molecular motion
- **Temperature** measures the intensity of heat due to the average kinetic energy of molecules

Water's High Specific Heat

- The specific heat of a substance is the amount of heat that must be absorbed or lost for 1 g of that substance to change its temperature by 1°C
- The specific heat of water is 1 cal/g/°C
- Water resists changing its temperature because of its high specific heat

- Water's high specific heat can be traced to hydrogen bonding
 - Heat is absorbed when hydrogen bonds break
 - Heat is released when hydrogen bonds form
- The high specific heat of water minimizes temperature fluctuations to within limits that permit life

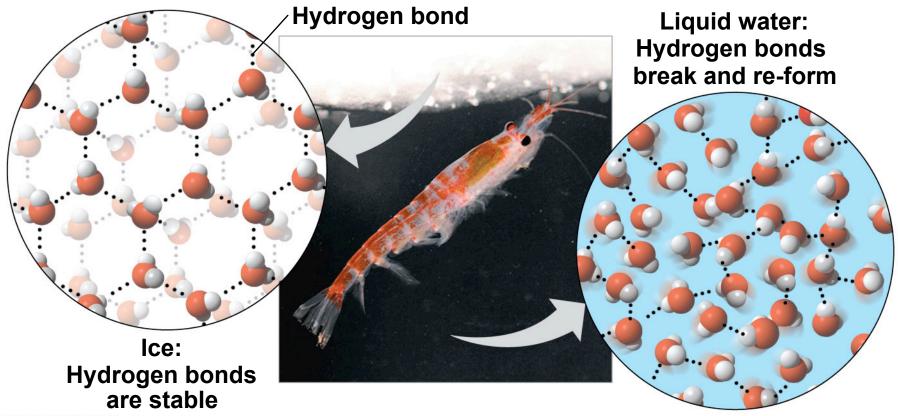


Evaporative Cooling

- Evaporation is transformation of a substance from liquid to gas
- Heat of vaporization is the heat a liquid must absorb for 1 g to be converted to gas
- As a liquid evaporates, its remaining surface cools, a process called **evaporative cooling**
- Evaporative cooling of water helps stabilize temperatures in organisms and bodies of water

Floating of Ice on Liquid Water

- Ice floats in liquid water because hydrogen bonds in ice are more "ordered," making ice less dense
- Water reaches its greatest density at 4°C
- If ice sank, all bodies of water would eventually freeze solid, making life impossible on Earth





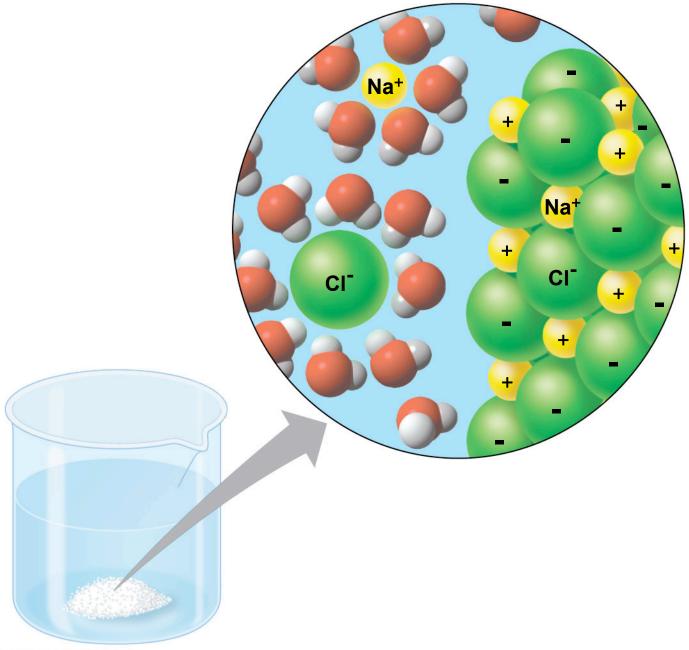
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Water: The Solvent of Life

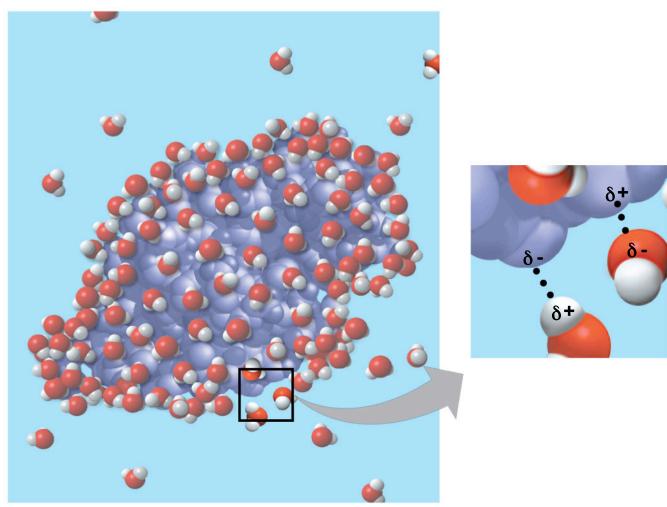
- A solution is a liquid that is a homogeneous mixture of substances
- A **solvent** is the dissolving agent of a solution
- The **solute** is the substance that is dissolved
- An aqueous solution is one in which water is the solvent

- Water is a versatile solvent due to its polarity, which allows it to form hydrogen bonds easily
- When an ionic compound is dissolved in water, each ion is surrounded by a sphere of water molecules called a hydration shell

Figure 3.7



- Water can also dissolve compounds made of nonionic polar molecules
- Even large polar molecules such as proteins can dissolve in water if they have ionic and polar regions



Hydrophilic and Hydrophobic Substances

- A hydrophilic substance is one that has an affinity for water
- A hydrophobic substance is one that does not have an affinity for water
- Oil molecules are hydrophobic because they have relatively nonpolar bonds
- A colloid is a stable suspension of fine particles in a liquid

Solute Concentration in Aqueous Solutions

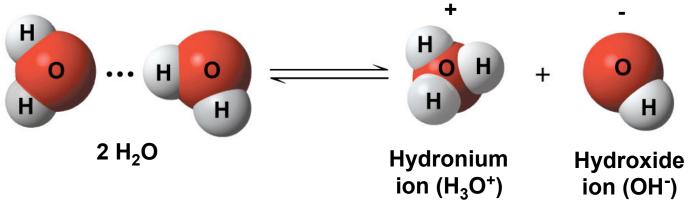
- Most biochemical reactions occur in water
- Chemical reactions depend on collisions of molecules and therefore on the concentration of solutes in an aqueous solution

- Molecular mass is the sum of all masses of all atoms in a molecule
- Numbers of molecules are usually measured in moles, where 1 mole (mol) = 6.02 x 10²³ molecules
- Avogadro's number and the unit *dalton* were defined such that 6.02 x 10²³ daltons = 1 g
- Molarity (*M*) is the number of moles of solute per liter of solution

Concept 3.3: Acidic and basic conditions affect living organisms

- A hydrogen atom in a hydrogen bond between two water molecules can shift from one to the other
 - The hydrogen atom leaves its electron behind and is transferred as a proton, or hydrogen ion (H⁺)
 - The molecule with the extra proton is now a hydronium ion (H₃O⁺), though it is often represented as H⁺
 - The molecule that lost the proton is now a hydroxide ion (OH⁻)

 Water is in a state of dynamic equilibrium in which water molecules dissociate at the same rate at which they are being reformed



- Concentrations of H⁺ and OH⁻ are equal in pure water
- Adding certain solutes, called acids and bases, modifies the concentrations of H⁺ and OH⁻
- Biologists use something called the pH scale to describe whether a solution is acidic or basic (the opposite of acidic)

Acids and Bases

- An acid is any substance that increases the H⁺ concentration of a solution
- A base is any substance that reduces the H⁺ concentration of a solution

The pH Scale

 In any aqueous solution at 25°C the product of H⁺ and OH⁻ is constant and can be written as

 $[H^+][OH^-] = 10^{-14}$

 The **pH** of a solution is defined by the negative logarithm of H⁺ concentration, written as

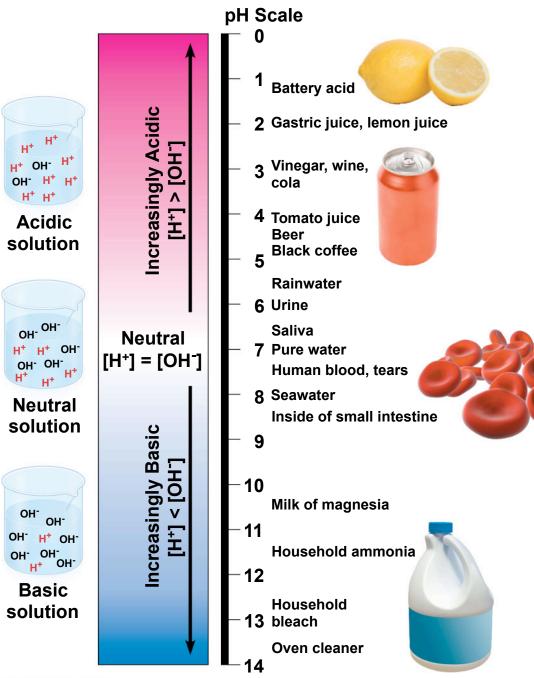
$$pH = -log [H^+]$$

For a neutral aqueous solution, [H⁺] is 10⁻⁷, so

$$pH = -(-7) = 7$$

- Acidic solutions have pH values less than 7
- Basic solutions have pH values greater than 7
- Most biological fluids have pH values in the range of 6 to 8

Figure 3.10



Buffers

- The internal pH of most living cells must remain close to pH 7
- Buffers are substances that minimize changes in concentrations of H⁺ and OH⁻ in a solution
- Most buffers consist of an acid-base pair that reversibly combines with H⁺